3RD ANNUAL Sunnybrook **UPDATES IN ENDOCRINOLOGY AND DIABETES**

Tuesday, September 17, 2024 5:30 pm to 8:30 pm EDT



York Mills Gallery, 1885 Leslie St. N., North York, Ontario

CO-CHAIRS:



Jeremy D. Gilbert, MD. FRCPC Co-Chair Endocrinologist and Associate Professor, Sunnybrook Health Sciences Centre Toronto, ON, Canada



Ilana J. Halperin, MD, MSc, FRCPC Co-Chair Endocrinologist and Associate Professor, Sunnybrook Health Sciences Centre Toronto, ON, Canada

FACULTY:



Angela Assal, MD, MHSc, FRCPC Staff Physician, Division of Endocrinology and Metabolism, Sunnybrook Health Sciences Centre Assistant Professor, Faculty of Medicine, University of Toronto Toronto, ON, Canada

Nicole Pun,



MD, MScCH, FRCPC Staff Physician, Division of Endocrinology and Metabolism, Sunnybrook Health Sciences Centre Assistant Professor, Faculty of Medicine, University of Toronto Toronto, ON, Canada



Alvse Goldberg. Endocrinologist, Division of Endocrinology and Metabolism, Sunnybrook Health Sciences Centre University of Toronto Toronto, ON, Canada



Jennifer Fu. MD, FRCPC Endocrinologist, Division of Endocrinology and Metabolism, Sunnybrook Health Sciences Centre. University of Toronto, Toronto, ON



Julie Lovshin, MD, PhD, FRCPC Endocrinologist, Division of Endocrinology and Metabolism, Sunnybrook Health Sciences Centre University of Toronto, Toronto, ON

AGENDA

5:30 nm Registration and Networking

5:30 pm	Registration and Networking	
6:00 pm	Dinner Service begins	
6:10 pm	Hyperthyroidism - Diagnostic and Management Approaches	Dr. Angela Assal
6:20 pm	Basal Insulins - How to get to target while avoiding hypoglycemia	Dr. Ilana Halperin
6:35 pm	Polycystic Ovarian Syndrome - Individualizing management plans and preventing long term complications	Dr. Alyse Goldberg
6:45 pm	Osteoporosis - When to look for secondary causes and when to start, change or stop treatment	Dr. Nicole Pun nt
6:55 pm	Q&A	
7:15 pm	Networking Dessert	
7:35 pm	Medical Management of Obesity using GLP Agonists and Co-Agonists	Dr. Julie Lovshin
7:45 pm	Diabetes in Pregnancy - Preconception to postpartum optimization with a discussion on the evidence for CGM use in pregnancy	Dr. Jennifer Fu
7:55 pm	Lipids - when to order additional investigations and consider agents beyond statins	Dr. Jeremy Gilbert
8:10 pm	Q&A	
8:30 pm	End of Program	
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Learning Objectives

By the end of this symposium participants will be able to:

- 1) Describe current approaches to diagnosis and investigation of various endocrinology conditions seen in primary care
- 2) Discuss practical strategies and clinical pearls to address the management of various endocrinology conditions seen in primary care
- 3) Apply practical management principles to common endocrine cases in the areas of osteoporosis, dyslipidemia, insulin use, obesity, endocrinology in pregnancy and diabetes

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 2.00 Mainpro+ credits.

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This program has received educational grants/support from:

Abbott, Amgen, Boehringer Ingelheim, Dexcom, Eli Lilly, HLS Therapeutics, Janssen Inc., Novo Nordisk, and Sanofi

This program has been organized by the Sunnybrook Health Sciences Centre Department of Family and Community Medicine, Division of Endocrinology and Metabolism at Sunnybrook Hospital, a not-for-profit CPD provider.